

# CHALLENGERS' CHATTER

OCTOBER 2019

## QUEENSLAND UNIVERSITY SWIM MEET

by Lois Hill

### Saturday 12<sup>th</sup> October

Horrible weather reports for the QUQ meet—"lots of rain forecast but maybe going to ease off at 5 o'clock in the evening". Well, how lucky are the UQ people! They must have a direct line to the weather god. We arrived, after travelling through rain on the bus, put on raincoats for the fine drizzle, walked in and Rob sought out the best spot for our tents while we sheltered. He started to pitch the tents & it stopped drizzling! From then on absolutely beautiful weather, a great day for a meet.

The 12 competitors swam beautifully, and furiously, as the meet ran very quickly – Greg Armitage, LiQun Hussey, Rob Jolly, Gerry Little, Helen Malar, Studley Martin, Jo Matthews, Sam Penny, Ian Robinson, Pieter Santifort, Adele Smout and Ian Tucker. At one point Sam had to over-ride the officials (after a 200 relay swim, final leg) and get out of the pool as he was in the very next heat (1<sup>st</sup> heat of 50 Breaststroke). Then had to check in with marshals before he could race. Did a mean swim after that .72 sec under his entry time! Must have been extremely well warmed-up!

The relays were longer than standard – 4 x200 Free, 4x100 Free and 4x100 Medley - all mixed teams. They were spread throughout the program, so it was hard on all the swimmers as we fielded the maximum number of teams possible. It was a race to get ready for each one, then be ready for the next individual heats, as Sam found out!

Many thanks to all who did these relays under sufferance, especially LQ & Jo who stepped up to swim 3 relays on top of a full individual program. Also to Sam & Helen who each did 100 fly in the relays, and to Jo who was forced to swim 100 Back! Sam was promised a nip of brandy to revive him after his 100 Fly relay swim – unfortunately the "promisor" left the bottle at home! Ages spent trying to work out how to get the brandy – ask Piet to head to a bottle shop?? Then, what luck, along comes a UQ swimmer with raffle tickets – what's the prize - a bottle of rum! So Lois bought a handful of tickets, and guess who won the raffle! Another 'What Luck'! So all those needing reviving after fly swims and other exerting swims were revived! (And no, the bottle wasn't emptied).

The relay results helped the team come 2<sup>nd</sup> in the large club Average points award. This shows great depth in the team as we were not far behind the mighty UQ team!



QNA 'nippers': Ian Tucker, Helen Malar, Adele Smout, Jo Matthews



Helen Malar, LiQun Hussey, Greg Armitage, Sam Penny



Helen Malar - silver !!



Jo Matthews - Gold !!

## QUQ SWIM MEET - cont'd

### Age group medals:

Gold to Jo Matthews,

Silver to Helen Malar & Ian Robinson

Bronze to Rob Jolly, Studley Martin & Sam Penny.

Many good swims and PBs from all the 12 swimmers with **Helen** continuing her run of PBs and best swims for many years! **Rob J** -

“Woo-hoo -did a PB in 100 IM”: **Jo** “getting back to pre-armbreak times – holding off Gay in all events! and PB in 25 Brst” : good swim **LQ** in 100 IM - “It was hard for me - I need more IM training!!”:

**Helen**-“1/100 second PB, best for many years in 25 FS” **Studley**-PBs in 25 & 50 FS, &25Brst: **Ian T** PB in 50 Back: **Ian R** – very close to all his 2018 PBs: **Greg A** 2<sup>nd</sup> best PB in 100 IM:

**Gerry L**-back in the water after a few setbacks and having to miss our carnival, no PBs but some handy swims! **Piet S** - **PB** in driving us there in the rain, and for swimming as well in FS races!

AND **Adele Smout** swam her first ever Fly race, coming in well under her entry time in the 25 Fly – Well done Adele-“ It’s a start – now I can do more fly!”

Major innovations were trialled by UQ at this meet.

Firstly, we had a swimmer check-in as we arrived – each swimmer ticked off on a ‘roving iPad’. This helped in determining who was absent in case heats could be adjusted.

Then the heats were run in reverse order so that we had the fastest swimmers first and the slowest heats at the end of each event - that seemed to work quite well.

There was also a 50m fins race, where swimmers started from a standing position in the lane before pushing off. All different sizes of fins - huge long ones and short ones. Sam Penny was our only swimmer in that and did very well – this made 6 individual events for Sam!

Most interestingly we saw a world record set by Stefano Zerbini in this event!

Then a demonstration 4x50m Medley relay by 4 young men all top swimmers, with a commentary by UQ, and State Head of Coaching, Sean Williams.

*Well done all Noosa swimmers, and congratulations to UQ for running ‘a different meet’ so well !*



Jo, Helen, Ian T, Gerry



LiQun Hussey, Adele Smout, Greg Armitage, Studley Martin



Rob Jolly with his ‘stolen’ Gold prize



Pieter Santifort



Jo Matthews, Ian Robinson, LiQun Hussey, Sam Penny



# Bunnings BBQ Fundraiser

by Christine Cooper

Another terrific result thanks to everyone who sweated it out on a warmish September day.

We raised over \$700 this time!

Fortunately for us, it is amazing how many people seem to have a guilty passion for this very Australian gourmet treat ... a gluten free sausage on a bed of fried onion, wrapped in a slice of bread and topped with tomato sauce, AND American mustard AND BBQ sauce ... Exquisite!

The delight and joy, which this humble morsel brings to loyal Bunnings customers, is truly gratifying for the hard working team slaving over the hot Bunnings Barbecue.

See accompanying photo of Tong Master Mick looking pretty pleased with his latest batch of snag 'n onion.

Things seemed to go pretty smoothly with only one emergency call for more snags.

We also bought a 50 litre esky after being alerted last time by the Bunnings 'checker' that food needed to be stored in eskies rather than polystyrene boxes.

So the club now has an esky that can be used for other functions if needed.

A creative use of champagne corks made lifting of lids on the warming trays a little easier

Thanks to Linda for the **Singlet Alert**. This sent Chris to check the "Guidelines" issued by Bunnings when we accepted the date.

And yes ... there it was ... *All persons involved must wear a shirt (no singlets), enclosed shoes, and long hair tied back.*

So now we know.

Thanks Linda. We would hate to lose our Bunnings gig for not following procedure.

The next Barbecue is on **Tuesday, December 3** so check your diaries and see if you can be on the Barbie team. The roster will be circulated next week.

It's a significant fundraiser which helps with funding buses to swim meets amongst other benefits to all members.



Tong Master Mick



The creative Champagne cork 'lid'



We love Noosa Masters snags !!

# Noosa Masters begin their annual volunteering at the Noosa Tri



above: the early shift !!



It was an early 5am start on Wednesday 30 October, but the spectacular, but short lived, sunrise almost made up for it !

An overcast but not cold morning saw the Run Swim Run events well attended, particularly by the local schools there in good numbers, keen to take out the Inter-School Trophy.

A big day yet to come on Friday, followed by further events on Sunday, but our club is up to the task - thanks to all our volliers for their community spirit and for sacrificing their warm beds for the benefit of our Club!

Linda & Jacky, not has-bins !!



## PRETTY IN PINK

On Sunday 20 October 2019 two of our friends donned pink outfits and joined nearly 300 others to *Paddle in Pink* - an event organised to raise funds to support breast cancer. They were Fran and Adrian Wilson.

The event consisted of people in pink outfits using kayaks, stand-up paddle boards and floating flamingos to paddle around Noosa Sound, en masse.



It started at 7:30 and finished at the Lions Park about an hour and a half later, followed by "breakfast" and speeches where a number of costume prizes were awarded.

Adrian said that although he was wearing the most outlandish costume he had ever worn (a pink shirt with matching hat and tutu), he was one of the most conservatively dressed.

Fran wore a similar outfit. It was a fun time and raised useful funds for a worthy cause.

... Ed



## COACH'S TIPS



### Hello again ...Tip Time !!

**To improve ...** three swims a week, preferably in a squad. If you are planning to compete, swim four times. Some Masters swimmers are frighteningly short on endurance. Be the best you can be.

1. Increase the frequency of workouts
2. Increase the duration of workouts
3. Increase the volume.
4. Increase the density ( more swimming less rest )
5. Gradually increase the intensity or speed of workouts. Have a plan. Of course, if you have only been swimming once or twice a week, don't suddenly jump to 3 or 4 squads. You will get injured immediately as an older swimmer. Make increments slowly and be consistent.

Happy swimming - Cheers, Jan



| DATE             | LC/SC  | CLUB/MEET                         | CODE | REGION     | SANCTION      | SURVEYED   | VENUE                               |
|------------------|--------|-----------------------------------|------|------------|---------------|------------|-------------------------------------|
| <b>JANUARY</b>   |        |                                   |      |            |               |            |                                     |
| -                |        |                                   |      |            |               |            |                                     |
| <b>FEBRUARY</b>  |        |                                   |      |            |               |            |                                     |
| 15               | LC     | Miami Masters Swim Meet           | QMM  | South      | Q2/20         | Yes        | BLK Performance Centre              |
| 22               | SC     | Sinkers Fun in Feb                | QNS  | Central    | Q3/20         | No         | North Mackay High Pool              |
| <b>MARCH</b>     |        |                                   |      |            |               |            |                                     |
| 7                | LC     | Hervey Bay Humpbacks Meet         | QHB  | Central    | Q4/20         | Yes        | Hervey Bay Aquatic Centre           |
| 29               | LC     | Townsville Hammer Heads Meet      | QHH  | North      | Q5/20         | Yes        | Northern Beaches Leisure Centre     |
| <b>APRIL</b>     |        |                                   |      |            |               |            |                                     |
| 4                | SC     | Albany Creek Short Course Meet    | QAC  | Sunshine   | Q6/20         | Yes        | Albany Creek Leisure Centre         |
| 15-19            | SC     | <b>MSA National Championships</b> |      | <b>MSA</b> |               | <b>Yes</b> | <b>Sydney Olympic Park</b>          |
| <b>MAY</b>       |        |                                   |      |            |               |            |                                     |
| 8-10             | SC     | <b>MSQ State Championships</b>    |      | <b>MSQ</b> | <b>Q1/20</b>  | <b>Yes</b> | <b>Tobruk Memorial Pool, Cairns</b> |
| 31               | OWS    | Crater Lake Classic               | QCN  | North      | Q7/20         | N/A        | Lake Barrine                        |
| <b>JUNE</b>      |        |                                   |      |            |               |            |                                     |
| 13               | LC     | Brisbane Southside Masters Meet   | QSM  | South      | Q8/20         | Yes        | Brisbane Aquatic Centre             |
| <b>JULY</b>      |        |                                   |      |            |               |            |                                     |
| 1-31             | Postal | Toowoomba Tadpoles 1500m          | QTW  | South      | Q9/20         | N/A        | Any 25m or 50m pool                 |
| 5                | LC     | Nudgee Bluefins Winter Meet       | QNB  | Sunshine   | Q10/20        | Yes        | Nudgee College Pool                 |
| 11               | SC     | Rum City Short & Sweet Meet       | QBB  | Central    | Q11/20        | Yes        | Bundaberg Swim Academy              |
| <b>AUGUST</b>    |        |                                   |      |            |               |            |                                     |
| 22               | SC     | Brisbane Northside Short Course   | QBN  | Sunshine   | Q12/20        | Yes        | Valley Pool                         |
| <b>SEPTEMBER</b> |        |                                   |      |            |               |            |                                     |
| 1-30             | Postal | Swim with Crocs Postal Meet       | QRH  | Central    | Q13/20        | N/A        | Any 25m or 50m pool                 |
| 12               | LC     | Noosa Masters Swim Meet           | QNA  | Sunshine   | Q14/20        | Yes        | Noosa Aquatic Centre                |
| <b>OCTOBER</b>   |        |                                   |      |            |               |            |                                     |
| 3                | SC     | Maryborough Masters Meet          | QMB  | Central    | Q15/20        | Yes        | Maryborough Aquatic Centre          |
| 24               | LC     | Sunshine Coast Masters Meet       | QSC  | Sunshine   | Q16/20        | Yes        | Kawana Aquatic Centre               |
| <b>NOVEMBER</b>  |        |                                   |      |            |               |            |                                     |
| 11-14            | LC     | <b>Pan Pacific Masters Games</b>  |      | <b>MSQ</b> | <b>Q17/20</b> | <b>Yes</b> | <b>Gold Coast Aquatic Centre</b>    |
| 29               | OWS    | Sinkers OWS Balnagowan            | QNS  | Central    | Q18/20        | N/A        | Pioneer River, Balnagowan           |
| <b>DECEMBER</b>  |        |                                   |      |            |               |            |                                     |
| 6                | OWS    | Big Barrine Bash (3B's OWS)       | MSQ  | North      | Q19/20        | N/A        | Lake Barrine – Atherton Tablelands  |

**Legend:**

|  |
|--|
| MSQ Swim Meets                               |
| MSQ Postal Events                            |
| MSQ OWS – Open Water Swims                   |
| MSQ Co-sanctioned Swimming Australia Meets * |

\* A Masters Swimming Queensland (MSQ) swimmer may also be recognised for Swimming Australia (SAL) hosted swim meets and have their results published in the MSA Portal. The swimmer must be registered with both Masters Swimming Queensland and Swimming Australia. A number of SAL Meets have been co-sanctioned by MSQ for this purpose and are colour coded.



### Registrations are now open for 2020 ASMG!

The Alice Springs Masters Games is on again from 10 – 17 October 2020 where athletes can choose to compete in one or a number of the 36 individual or team sports on offer. Known as 'The Friendly Games' there is more to offer than just the competition with entertainment and sightseeing opportunities across the week.

The sporting program will offer competition for individuals and those that want to play with your mates in a team. Come and visit us in the Northern Territory for this sporting festival and tick Central Australia off your bucket list!

REGISTER NOW to secure your spot [www.alicespringsmastersgames.com.au](http://www.alicespringsmastersgames.com.au)

Take all the stress out of planning your Masters Games visit and let the friendly team at [Discover Central Australia](http://Discover Central Australia) help you find the right accommodation for you.

For more information visit our website [www.alicespringsmastersgames.com.au](http://www.alicespringsmastersgames.com.au)

or email [info@alicespringsmastersgames.com.au](mailto:info@alicespringsmastersgames.com.au)

or call the ASMG hotline 1800 658 951

# Powells' Ponderings

by Jane Powell



Kaputar NP



Galargambone



Art deco in Gundy



Mark at the kitchen sink

Dear Noosa Masters,  
We've been wandering with our little caravan for a month now. It's a wonderful lifestyle.

perfect for energetic walks and bike rides, and NO FLIES!

From there to the Pilliga region, endless acres of Cypress Pine forest with lots of attractions.



As the sign says - Crows Nest

Sculptures in the Scrub near Baradine is a wonderful permanent collaborative installation spread out along an escarpment. The Pilliga Discovery Centre, in Baradine itself is an award-winning interpretive facility telling the

natural and cultural history of the region.

We spent a blissful evening by the Salt Cave waterhole sipping adult beverages and watching myriad varieties of birds - and wallabies - come down to drink. We got involved in a Bilby count! That was quite an experience.

Coffee at the renowned Pilliga Pottery, with Blue Wrens trying to share our cake, was delightful. Then we travelled into the Warumbungles National Park. Options for hiking and cycling abound, as do star gazing opportunities in this Dark Sky Park. It was hot there, droughted and dusty. And FLIES! Again, my water tray was welcomed by the local wildlife, furred and feathered. It is a spectacular volcanic mountainous region rising out of flat farmland.

This weekend we've spent with my 'country cousins' in Gilgandra ... great to catch up with them.

Tomorrow we'll spend at Dubbo Zoo which we can tour on the bicycles. Then - who knows! See you in Summer!

... love from Jane & Mark

Our first stop was Crows Nest, where the drought which is gripping the eastern states shocked us. A lone koala bellowed above us during the night: daylight revealed a poor skinny male and no fresh leaf anywhere. He took a drink from a tray of water I put down, then wandered off into the scrub.

Old friends at Goondiwindi threw out the 'welcome' mat. They haven't even tried to sow a crop this year because it is just too dry there. It is a soul-destroying situation.

In Moree we soaked in the famous thermal pools, and clocked up more Endurance points for the Club.

En route to Kaputar National Park we intercepted an echidna which was trying to cross the Newell Hwy, and took him with us to the Park, where we hope he lives happily ever after. (Roadkill is distressing everywhere). This beautiful alpine region near Narrabri was quite cold:



# CARNIVAL CORNER 2019 NOVEMBER 2019

The end of 2019 is looming !!

**9 November QAL Aqualicious**  
Entries are now closed.  
Bus will be used for this meet.  
This is our last carnival for 2019

Please send queries about  
carnivals to Captains at  
[captain.noosaqna@gmail.com](mailto:captain.noosaqna@gmail.com)  
or  
Contact Rob Jolly on 0417 59193

Please refer to the 2020 MSQ  
Calendar elsewhere in the Chatter

It's time to start firming up  
decisions to swim at Nationals and  
States next year

**MSA Nationals-  
April 15-19 2020, Sydney**  
Pool events: [Sydney Olympic  
Park Aquatic Centre](#)

Open Water events: [Lake  
Parramatta](#) Please reply  
to [captain.noosaQNA@gmail.com](mailto:captain.noosaQNA@gmail.com)  
with a Yes /No/Maybe

**8-10 May 2020 MSQ State  
Short Course Championships**  
will be held in Cairns at the Tobruk  
Memorial Pool.

... Lois Hill, QNA Captain

## 2020 National Championships

### Entry Dates

|                               | <i>Opening Date</i> | <i>Closing Date</i> |
|-------------------------------|---------------------|---------------------|
| Individual entries (swimmers) | September 15        | midday, April 3     |
| Relay entries (clubs)         | April 3             | midday, April 10    |
| Merchandise                   | September 15        | midday, March 27    |

MultiClass competition will be incorporated in this meet, and all swimmers will be seeded together regardless of age, gender or disability.



**NATIONAL  
CHAMPIONSHIPS  
2020  
SYDNEY**

**Short Course Meet**  
15th -18th April 2020  
Sydney Olympic Park

**Open Water Swim**  
19th April 2020  
Lake Parramatta



# Did you know?

## 50 Crazy things about Australia

1. Australia is as wide as the distance between London and Moscow.

2. The biggest property in Australia is bigger than [Belgium](#).

3. More than 85% of Australians live within 50km of the coast.

4. In 1880, Melbourne was the richest city in the world.

5. Gina Rinehart, Australia's richest woman, earns \$1 million every half hour, or \$598 every second.

6. In 1892, a group of 200 Australians unhappy with the government tried to start an offshoot colony in Paraguay to be called 'New Australia'.

7. The first photos from the 1969 moon landing were beamed to the rest of the world from Honeysuckle Tracking Station, near [Canberra](#).

8. Australia was the [second](#) country in the world to allow women to vote (New Zealand was first).

9. Each week, 70 tourists overstay their visas.

10. In 1856, [stonemasons](#) took action to ensure a standard of 8-hour working days, which then became recognised worldwide.

11. Former Prime Minister Bob Hawke set a [world record](#) for scolling 2.5 pints of beer in 11 seconds. Hawke later suggested that this was the reason for his great political success.

12. The world's [oldest fossil](#), which is about 3.4 billion years old, was found in Australia.

13. Australia is very [sparsely populated](#): The UK has 248.25 persons per square kilometre, while Australia has only 2.66 persons per square kilometre.

14. Australia's first police force was made up of the most well-behaved convicts.

15. Australia has the highest electricity prices in the world, (has risen unbelievably 2016-2019).

16. There were over one million feral camels in outback Australia, until the government launched the \$19m [Feral Camel Management Program](#), which aims to keep the pest problem under control.

17. Saudi Arabia imports camels from Australia (mostly for meat production).

18. Qantas once powered an interstate flight with [cooking oil](#).

19. Per capita, Australians spend more money on [gambling](#) than any other nation.

20. In 1832, 300 female convicts [mooned](#) the governor of Tasmania. It was said that in a "rare moment of collusion with the convict women, the ladies in the Governor's party could not control their laughter."

21. Australia is home to the longest fence in the world. It is 5,614 km long, and was originally built to keep dingoes away from fertile land. Strangely, it's known as "The rabbit proof fence"

22. Australia was one of the founding members of the [United Nations](#). (Time to quit now).

23. [Melbourne](#) is considered the sporting capital of the world, as it has more top level sport available for its citizens than anywhere else.

24. Before the arrival of humans, Australia was home to [megafauna](#): three metre tall kangaroos, seven metre long goannas, horse-sized ducks, and a marsupial lion the size of a leopard

25. Kangaroos and emus [cannot walk backward](#), one of the reasons that they're on the Australian coat of arms.

26. Speaking of which, Australia is one of the only countries where we eat the animals on our [coat of arms](#).

27. If you visited one new beach in Australia every day, it would take over [27 years](#) to see them all.

28. Melbourne has the world's largest [Greek population](#) outside of Athens.

29. The [Great Barrier Reef](#) is the planet's largest living structure.

30. And it has its own [postbox!](#)

31. The male platypus has venom strong enough to [kill](#) a small dog.

32. And when the platypus was first sent to England, it was believed the Australians had played a joke by sewing the bill and feet of a duck onto a [rat](#).

33. Before 1902, it was [illegal](#) to swim at the beach during the day.

34. A retired cavalry officer, Francis De Groot stole the show when the Sydney Harbour Bridge officially opened. Just as the Premier was about to cut the ribbon, De Groot charged forward on his horse and cut it himself, with his sword. The ribbon had to be re-tied and De Groot was carted off to a mental hospital. He was later charged for the cost of one ribbon.

35. Australia has 3.3x more [sheep](#) than people.

36. Prime Minister Harold Holt went for a swim at Cheviot Beach, and was [never seen again](#).

37. Australia's national [anthem](#) was 'God Save The King/Queen' until 1984.

38. Wombat poo is [cube shaped!](#) This helps it mark its territory.

39. European settlers in Australia drank more alcohol per capita than any other society in [history](#).

40. The Australian Alps receive more snowfall than [Switzerland](#).

41. A kangaroo is only one centimetre long when it is [born](#).

42. Sir John Robertson, a five-time premier of NSW in the 1800s, began every morning with [half a pint](#) of rum. He said: "None of the men who in this country have left footprints behind them have been cold water men."

43. The [Box jellyfish](#) has killed more people in Australia than stonefish, sharks and crocodiles combined.

44. Tasmania has the cleanest air in the world.

45. The [average](#) Aussie male drinks 96 litres of beer per year.

46. 63% of Australians are [overweight](#).

47. Australia is ranked [second](#) on the Human Development Index (based on life expectancy, income and education).

48. In 2005, security guards at Canberra's Parliament House were banned from calling people 'mate'. It lasted [one day](#).

49. In Australia, it is [illegal](#) to walk on the right-hand side of a [footpath](#).

50. Australia is the only continent in the world without an active [volcano](#).



# ENDURANCE 1000 REPORT SEPTEMBER 2019



*Find out about the Million Metres Program*

<http://www.mastersswimming.org.au/Programs/Vorgee-Million-Metres>

*To download the Million-Metres-Record-Card-and-Application-Form*

<http://www.mastersswimming.org.au/Programs/Vorgee-Million-Metres/>

Individual members tally points as at the end of October were distributed earlier in the month.

A number of members have achieved some excellent results as follows:

|                 |     |
|-----------------|-----|
| Jo Matthews     | 850 |
| Quentin Lee     | 762 |
| Denise De Carlo | 750 |
| Irene Symons    | 710 |
| Jane Powell     | 665 |
| Ian Mitchell    | 650 |
| Adele Tucker    | 616 |

|                |     |
|----------------|-----|
| Mark Powell    | 565 |
| Ian Tucker     | 525 |
| Sally Johnson  | 520 |
| Brian Hoepper  | 515 |
| Studley Martin | 515 |
| Li Qun         | 485 |
| Rob Lucas      | 460 |

**AT THIS POINT IN TIME  
WE REMAIN IN EXCESS OF  
2000 POINTS BETWEEN  
THE TOTAL AT THIS TIME  
LAST YEAR**

**... GO NOOSA !!!!!**

**WE NEED A MAMMOTH  
EFFORT UNTIL THE END  
OF THE YEAR IF WE ARE  
TO BE IN WITH A CHANCE  
TO RETAIN THE TROPHY.**

*Regards, Rod*

Rod Alfredson  
Coordinator

Endurance 1000 program  
Mob 0418 260716

[rod.alfredson@bigpond.com](mailto:rod.alfredson@bigpond.com)

*Happy  
Birthday*

## November

|                 |      |              |       |
|-----------------|------|--------------|-------|
| Owen Curtis     | 4/11 | Corals D'Ott | 15/11 |
| Julie Bott      | 5/11 | Sue Silburn  | 17/11 |
| Kathleen Gordon | 8/11 | Sam Penny    | 20/11 |
| Anne Besser     | 9/11 | Bill Burt    | 27/11 |

*Another candle on your cake? Well, that's no cause to pout.  
Be glad that you have strength enough, To blow the damn thing out.*

[https://www.youtube.com/watch?v=2cz25q2Q\\_Z0](https://www.youtube.com/watch?v=2cz25q2Q_Z0)



**Tuesday, 5 November 2019  
Meet at Starting Gate 12 noon**

Viv (0407 160 210) and Geoff Merrill have kindly offered to host Melbourne Cup this year. The usual sweeps will be on offer. Time for fillies to sort out their outfits.  
BYO chair, drinks and a plate to share.

Robyn Selby is pictured here celebrating her 70th birthday with her Masters buddies after squad.

But it didn't end there!

The big birthday celebrations continued for some considerable days/weeks.

Robyn was spoiled rotten by her family and friends, all of whom made a special effort to join Robyn for this rather momentous occasion!

And she deserved it !



Please support our sponsors

**Noosa Heads  
Life Saving Club**

Hastings St, Noosa Heads Q 4567  
Tel: 5474 5688

**Noosa  
Aquatic Centre**

Girraween Court, Sunshine Beach  
Tel: 5448 0288

**Bunnings Warehouse**

Noosa Road & Gateway Drive  
Noosaville Q 4566  
Tel: 5430 5400

**Ironman**

24 Lionel Donovan Drive  
Noosaville Q 4566  
Tel: 5430 6700

**Bank of  
Queensland**

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91 Poinciana Ave,  
Tewantin  
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**Live Life Pharmacy**

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