

# CHALLENGERS' CHATTER

MARCH 2022

## The Hervey Bay Meet

Brian Hoeppe

Noosa Masters' annual excursion to the Hervey Bay meet is always special. It's the one meet where quite a lot of us go away for a weekend, when the social events seem just as important as the swimming. Most of the team usually stays at 'the Bay' for two nights.

This year was no different. Friday night saw most of us at the famous Santini's Italian restaurant. As usual, the challenge was to limit the wine intake in the interests of fine performances in the pool next morning. At least one (unnamed) Noosa swimmer was seen surreptitiously refilling the glass of a clubmate who just happened to be competing in the same age group!

Despite the BOM forecasts, Saturday dawned warm and cloud-free. With only 113 competitors, the meet moved rapidly through the program. For some of us, successive events followed hard on the heels, throwing out a real challenge to fitness.

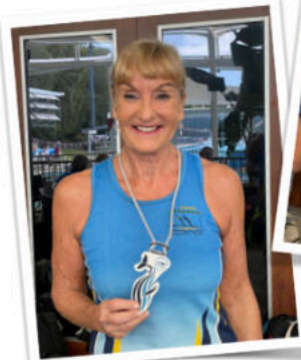
Noosa's 18 swimmers\* amassed enough points to rank second in the aggregate score, pipped by the slightly larger home club. As usual, winning a medal depended not just on personal talent but also on how many good swimmers turned up in your age group. There were many fine performances by Noosa swimmers, but in the end the medals went to Terry Carter (gold), Jo Matthews, Jim Travers and Rob Jolly (all silver) and Brian Hoeppe (bronze). Actually, 'medals' isn't quite the right term.

The awards comprised a cute rubber cutout of a smiling whale, with a bottle opener attached. At last, a useful prize that acknowledges our addictive habits!

Saturday evening, we faced the closest swimming comes to an ethical dilemma. Question: Should one attend the social event organised by the industrious and welcoming HB club or gather with QNA clubmates in a congenial palm-fringed cabana at the Beach Motel, there to enjoy a favourite drink and convivial conversation? Most of the team chose the latter (ethical score 2/10). But, as it turned out, a wise decision. The 'organised social event' turned out to be so disappointing (through no fault of the HB club) that the club president issued a hasty apology through MSQ on the Monday. Our sympathies certainly went out to the hapless club.

Sunday morning saw scattered groups of Noosa swimmers happily breakfasting in the excellent cafes along the Torquay esplanade. Again in 2022, this was the traditional prelude to the drive home. A happy return from a satisfying weekend away. Well done Hervey Bay ... we'll be back!

*\*The team comprised Rod Alfredson, Anne Besser, Terry Carter, Christine Cooper, Brian Hoeppe, Linda Hogg, Wendy Ivanusec, Rob Jolly, Helen Malar, Trevor Mathews, Jo Matthews, Robyn Selby, Jacky Shields, Julie Tierney, Jim Travers, Melissa Travers, Adele Tucker and Ian Tucker.*



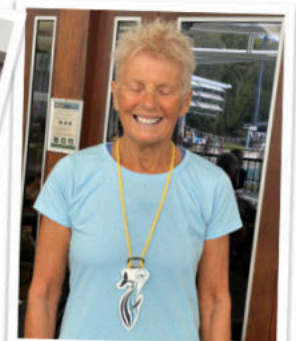
Jo Matthews



Rob Jolly & Brian Hoeppe



Jim Travers

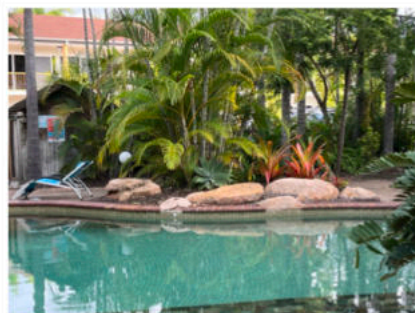
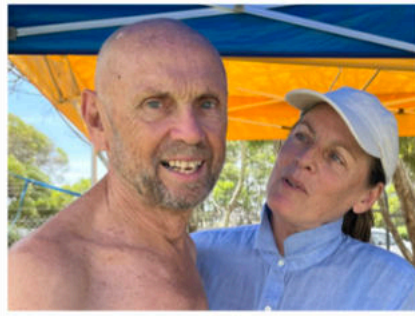


Terry Carter





# Happy times at Hervey Bay ...





# Happy times at Hervey Bay ...





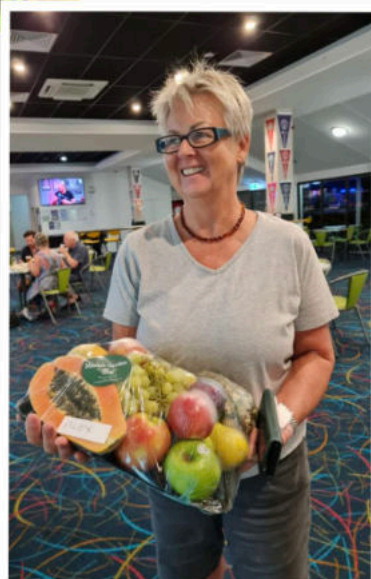
DATE	LC/SC	CLUB/MEET	CODE	REGION	SANCTION	SURVEYED	VENUE
<b>APRIL</b>							
1-30	Postal	Duckathon Postal (Albany Creek Masters)	QAC	Sunshine	Q6/22	Yes	Any 25m or 50m pool
20-23	SC	MSA National Championships	MSA	NSW		Yes	Sydney Olympic Park
23-30	LC	Australian Masters Games		Perth		Yes	Perth
<b>MAY</b>							
7	SC	River City Short Course Meet	QRC	South	Q7/22	Yes	Murray Evans Aquatic Centre, Somerville House
15	OWS	Muddies Annual Crater Lake Classic	QCN	North	Q8/22	n/a	Lake Barrine, Atherton Tablelands
20-22	SC	MSQ State Championships	MSQ	North	Q1/21	Yes	Tobruk Memorial Pool, Cairns
<b>JUNE</b>							
11	SC	Rum City Masters Short & Sweet Meet	QBB	Central	Q9/22	Yes	Bundaberg Swim Academy
18	LC	Brisbane Southside Masters Meet	QSM	South	Q10/22	Yes	Brisbane Aquatic Centre, Chandler
<b>JULY</b>							
1-31	Postal	Toowoomba Tadpoles 800m	QTW	South	Q11/22	n/a	Any 25m pool
<b>AUGUST</b>							
13-14	LC	Belgravia Special Long Course Meet	QCD	Sunshine	Q12/22	Yes	Burpengary Regional Aquatic Centre
27	SC	Brisbane Northside Short Course Meet	QBN	Sunshine	Q13/22	Yes	Valley Pool, Fortitude Valley
27	SC	Long Tan Legends Super SC Sprint	QLT	North	Q14/22	Yes	Long Tan Memorial Pool, Townsville
<b>SEPTEMBER</b>							
10	LC	Aqualicious Masters Meet	QAL	Sunshine	Q15/22	Yes	Centenary Aquatic Centre
24	LC	Noosa Masters Meet	QNA	Sunshine	Q16/22	Yes	Noosa Aquatic Centre
<b>OCTOBER</b>							
15	LC	Maryborough Masters Meet	QMB	Central	Q17/22	Yes	Maryborough Aquatic Centre
29	LC	Sunshine Coast Masters Meet	QSC	Sunshine	Q18/22	Yes	Kawana Aquatic Centre
<b>NOVEMBER</b>							
6	OWS	Sinkers OWS at Balnagowan	QNS	North	Q19/22	n/a	Pioneer River, Balnagowan
9-12	LC	Pan Pacific Masters Games 2022	MSQ	South	Q20/22	Yes	Gold Coast Aquatic Centre
27	OWS	Big Barrine Bash	MSQ	North	Q21/22	n/a	Lake Barrine, Atherton Tablelands
<b>DECEMBER</b>							

**Legend:**

MSQ Swim Meets
MSQ Postal Events
MSQ Co-sanctioned Swimming Australia Meets *

\* A Masters Swimming Queensland (MSQ) swimmer may also be recognised for Swimming Australia (SAL) hosted swim meets and have their results published in the MSA Portal. The swimmer must be registered with both Masters Swimming Queensland and Swimming Australia. A number of SAL Meets have been co-sanctioned by MSQ for this purpose and are colour coded.

## Tewantin Bowls Club Raffle Nights ...



First of all, my sincere thanks to all those who \*volunteered to do a shift at the Tewantin Bowls Club, selling raffle tickets for generous, good quality meat trays, equally generous fruit trays, and club vouchers ranging in value from \$15 to \$25. This was a fund raising initiative for our club

It was a fun experience. Marlene Trembath, a long-time active member of the bowls club and chief instructor in the use of the sophisticated equipment which magically produces the requisite numbers for the amount invested, was on hand to make sure our vollies knew exactly what to do (and what not to do)!

Our club was fortunate in that there were 5 Wednesdays in the month of March, but sadly, the 5<sup>th</sup> one was a bit of a fizzer and may have eroded some of the profit produced over the other 4 nights. We'll have to wait and see.

Thanks also to all the club members who turned up enthusiastically each Wednesday night (except the 5<sup>th</sup>) to have dinner, a few drinks and support the raffle. The club members did rather well on each occasion (except the 5<sup>th</sup> when there were only the two volunteers + Ivan & Wendy I present).

\* Volunteers : Rod & Liz Alfredson, Kevin & Yvonne Alford (2), Christine Cooper & Mick Jones, Jane & Mark Powell

... Wendy Ivanusec



## The Top 10 got tougher in 2021!

Most years, the FINA Top 10 results slip by almost unnoticed ... except for the talented few whose names re-appear with celebrated predictability. Think 'Jan Croft'!

But the 2020 results (published early 2021) created quite a stir over coffee at the NAC. No fewer than thirteen Noosa swimmers placed in the Top 10 in a total of 39 events! Although coach Jan claimed total credit for this remarkable result [*fake news alert here*], there was a sobering 'bigger picture' explanation.

As COVID ripped through country after country in 2020, competitive swimming disappeared in many places. Some 'powerhouse' nations experienced long lockdowns. Swim meets were a long way down the priority list in seriously suffering societies. But in those early days, Australia had escaped the worst of the pandemic. Enough swim meets were held to allow many swimmers to post times that – unexpectedly – placed them in the top 10 globally. New names appeared in the FINA lists.

2021 saw the world trying to claw its way out of the pandemic. In many countries, sport returned to some semblance of its former shape. With pools reopened and swim meets re-established, the competition for Top 10 times became a lot tougher.

The 2021 results – published recently – make interesting reading. Great credit goes to the two Noosa swimmers who made the Top 10 in individual events – Jan Croft and Jo Matthews!

Jan placed 9<sup>th</sup> in the 200m Free (3:31.87), 6<sup>th</sup> in the 400m (7:24.26) and 4<sup>th</sup> in the 800m (14:57.61). Jo placed 10<sup>th</sup> in the 100m Fly (1:39.83) and 8<sup>th</sup> in the 200m (3:59.30). Congratulations richly deserved!

But the results also demonstrated a great depth in relay swimming, not only by Noosa Masters but by many other Australian clubs\*. In all, 15 Noosa swimmers placed in Top 10 relay events, as follows:

Women's 200m medley relay 280-319: 6<sup>th</sup> 3:17.58  
Lois Hill, Helen Malar, Jo Matthews, Jan Croft

Women's 400m freestyle relay 240-279: 3<sup>rd</sup> 6:06.50  
Diane Scott-Davies, LiQun Hussey, Jan Croft, Wendy Nothdurft

Men's 400m freestyle relay 280-319: 8<sup>th</sup> 5:52.30  
Robert Jolly, Brian Hoepper, Trevor Mathews, Ian Tucker

Men's 400m freestyle relay 240-279: 6<sup>th</sup> 5:01.09  
Ian Robinson, Studley Martin, Peter Fidler, Gerald Little  
(\*In this age group, Australian teams were placed 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 8<sup>th</sup> and 10<sup>th</sup>.)

Who knows what 2022 will bring? A 'new normal' perhaps. Or – with fears that the criminal invasion of Ukraine could provoke a wider European war or worse, and with newer variants of the COVID virus striking in various countries – might we see, along with widespread destruction and human suffering, another dramatic impact on FINA Top 10 results? Let's fervently hope not!

... Brian Hoepper



Keith Crocker - o/60's men  
Gordon Fuzz - o/65's men  
Glenn Martin - o/70's men  
**Lynette Clemitson - o/70's women**

Club Person of the Year - Rob Visser. Judge of the Year- Ian Borland. Marnie Morat was the very excited winner of the competitors draw, scoring the Madill's "Noosa Log". Another board generously donated by long time sponsors John Madill and Classic Malibu. The Noosa Malibu Club's monthly comp will resume on the third Sunday in January, and the Club would like to remind all members that 2017 club memberships will be available from January 1 by going to [www.surfingaustralia.com](http://www.surfingaustralia.com). (reprinted courtesy of the Courier Mail)

## and speaking of Champions

THE Noosa Malibu Club's recent end of year break-up and presentation night saw members enjoying a relaxed afternoon of cricket followed by a barbeque dinner, bonfire and karaoke.

A fun way to end the season and acknowledge those surfers whose point scores during the year secured them a trophy in their respective categories.

The title of club champion for 2016 went to Glen Gower this year, with the highest score overall. Nic Brewer made it three in a row taking the Junior Boys title, as did Jade Gower winning the Junior Girls Division. Other division winners were;

Katsuki Takahashi - Open Women  
Kenny Williams - Open Men  
Wade Beckman - o/40's men  
Caroline Giles - o/50's women  
Glen Gower - o/50's men  
Mick Corcoran - o/55's men.



## COACH'S TIPS



### Backstroke ...

The key to moving fast in backstroke is to not move the head.

Use arms and body as fast as you can.

Head remains still even when body rotates, a steady head helps you rotate. It lets you recover and enter at the right place. If you move your head from side to side, your body will follow your head and you will move from side to side down the pool.

Keep a neutral position, tucking chin in just slightly. Look up and straight towards feet (not too much). Leaning into the water keeps the hips high.

Lean in with the back of your head to achieve less drag.

*Happy swimming - Cheers, Jan*

### QNA Social Calendar for April

#### Date Claimer

#### **Sunday, 30 April – The Barnes Garage Variety Night**

This was great fun at the inaugural event last year, so Jim and Christine Barnes have again offered to host another evening of interesting entertainment. The Sunny Coast Bootscooters are keen to join in and challenge us with another bootscootin' routine.

How about putting on an item ... music, singing, dancing, poetry, a reading ... whatever!

Find out about the Million Metres Program  
[http://www.mastersswimming.org.au/  
Programs/Vorgee-Million-Metres](http://www.mastersswimming.org.au/Programs/Vorgee-Million-Metres)

To download the Million-Metres-Record-  
Card-and-Application-Form  
[http://www.mastersswimming.org.au/  
Programs/Vorgee-Million-Metres/](http://www.mastersswimming.org.au/Programs/Vorgee-Million-Metres/)

### Two reasons to celebrate !!

Brian Cairns has been a member of Noosa Masters since 2007.

Recently he had two very good reasons to celebrate ...

First of all a major achievement -

SEVEN MILLION METRES logged up in the ocean as well as in the pool !  
Congratulations Brian, an awesome effort !!

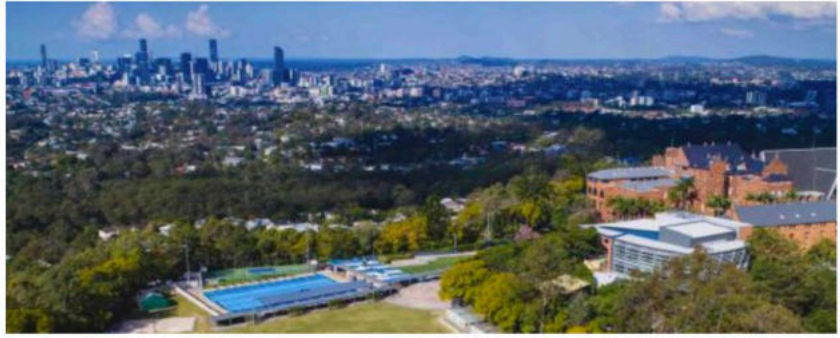
And secondly, his 75<sup>th</sup> birthday, another major achievement one might say!  
We certainly hope you celebrate many more happy, healthy birthdays, Brian.







**Fay Canuse**  
*Special Correspondent*



Hello darlings

Such nostalgia this month! When the recent floods engulfed the Queensland University's aquatic centre, the QUQ Masters searched anxiously for an alternative venue for their much-anticipated 'championships preparation' meet. The search took them to the flood-free heights of Mt Coot-ha ... to the soaring splendour of my own alma mater – Stuartholme School, where I'd been a boarder.

The century-old ramparts look down upon a superb swimming pool – yes, only 25 metres long, but an impressive 14 lanes wide! It was the perfect setting for a jam-packed day's racing by 223 swimmers.

The innovative program mirrored what swimmers could expect at the upcoming national and state championships in Sydney and Cairns. Rules were relaxed, allowing everyone to enter an unlimited number of events! And our dozen Noosa swimmers responded enthusiastically, in particular our own 'Madame Butterfly'. (An incredulous official asked Jo why she'd entered fifteen races, to which she replied that she didn't realise she could enter more!)

Sadly, there were some downsides to holding the meet in such a prestigious location. The school has tightened its 'quality assurance' since I was a sixth-former there. It seems some swimmers were refused entry because of sloppy dress, 'Ugg' boots and unkempt hair; and I even heard a whisper that others were excluded when they were found to have convict ancestry!

At this meet, there were no 'age champions' declared and no medals awarded. Rather, with one eye on the looming championships, everyone feverishly scanned the Meet Mobile results to check their times. 'Will this be good enough to get me gold in Sydney?' was the earnest but unspoken question.

As I ambled nonchalantly around the QNA marquee, ears alert to gossip, I sensed a mixed vibe. Most seemed to have swum well, in many cases better than expected. But there were frequent exclamations of 'I'd forgotten how tiring a day's racing is!'. So, darlings, that's the beauty of this 'pre-championship preparation' meet. Now you know what to expect!

On a personal note ... back 'whenever', we Stuartholme sixth-formers would skive off on Saturdays, climbing out the windows and hitch-hiking to the Regatta beer garden. No such nonsense now! Last Saturday, as part of the 'deal' with QUQ, Stuartholme's senior Anthropology class undertook a case study of 'competitive rituals among scantily-clad mature homo sapiens'. Results forthcoming.

*Postscript: A special mention of Trevor's heroic demonstration in the congested carpark. Will be celebrated under 'Winnebago wrangling' in the Guinness Book of Records!*

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### **Chlamydia vaccine trial seems to be working Gold Coast QLD**

Researchers are hopeful of combating a major threat to Australia's dwindling koala population thanks to a chlamydia vaccine trial in Queensland.

The sexually transmitted disease has spread widely among koalas and can cause infertility, further threatening a species already hit hard by bushfires, land clearing and climate change.

But 12 months after launching the trial, Gold Coast's Currumbin Wildlife Hospital believes there is hope after announcing Cassidy – a koala participating in their research – is pregnant.

The hospital's senior vet Michael Pyne said it was encouraging that Cassidy was expecting in an area where chlamydia runs rampant among the koala population.



# ENDURANCE 1000 REPORT

## March 2022



*I had grand plans of waiting until after the Members' Meeting, to write a report for March, imagining the fun of telling who was awarded what for Endurance achievements in 2021 ...*

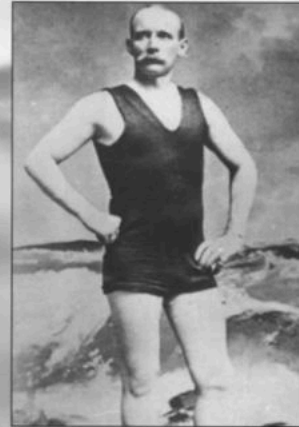
*This was not to be. The meeting was cancelled, and I cannot report yet who was awarded what, because, that would spoil the surprise, for everyone!*

*March swims have continued in the same enthusiastic vein, both on Tuesday mornings, and out-of-hours. We were disappointed to have Tuesday, March 8th stolen away by a school swim carnival, but there are 5 Tuesdays in March after all. We shall prevail!*

*Thank you to the Deckie mob, who allocate lanes and timers each week, to Tricia for her dedicated data entry, and to the swimmers who front up to earn points for their team. At this rate the national trophy will be ours FOREVER!!*

Enduringly yours,  
Jane Powell  
Endurance Coordinator

### "Nothing great is e



**Capt. Matthew W**  
1<sup>st</sup> man to swim English Channel

**FUN FACT:**  
During the swim he drank whisky and ate sugar for energy!

www.chloemccardel.com



## APRIL

Linda Hogg	6/4 (Big 60)
Patrick Buxton	10/4
Tony Frost	12/4 (Big 80)
Wendy Ivanusec	18/4
Melissa Travers	25/4

*Age is strictly a case of mind over matter.  
If you don't mind, it doesn't matter!*

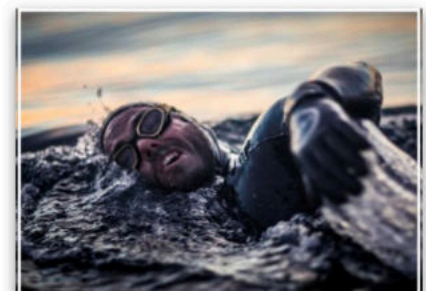


**Congratulations ...**  
**Anne Besser!!**

Our only member to undertake the Tuggeranong Postal Event!

## Speaking of Endurance ...

In 2018, adventurer Ross Edgley returned to the Kent town of Margate, in Britain's south-east, 157 days after he left. Stepping onto dry land for the first time in over five months, he became the first man in history to complete a 2,800-kilometre circumnavigation of Great Britain — swimming unassisted the whole way. Ross Edgley braved storms, jellyfish stings and sleep deprivation during his swim. <https://mobile.abc.net.au/news/2018-11-05/ross-edgley-endurance-record-swim-around-great-britain/10428934?pfmredir=sm>





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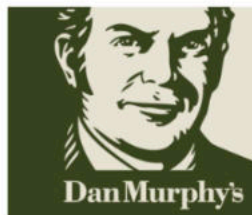
Noosa Junction



Department of Sport  
and Recreation



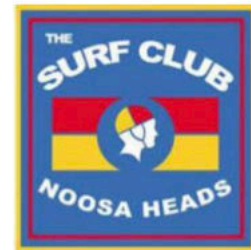
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Seasons, Noosa Junction

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